

# Incorporating Prevention into City of Oakland Planning and Services

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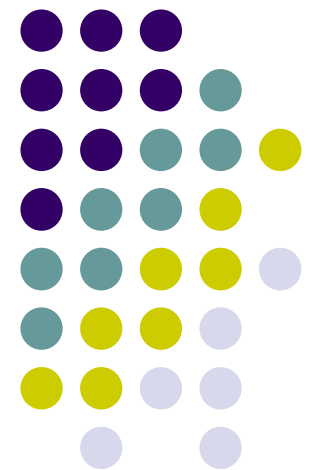
Andrea Youngdahl

Director

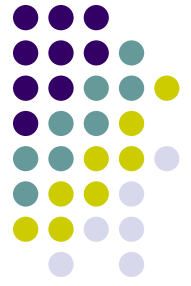
City of Oakland/Dept. of Human Services

September 17, 2009

California Cities Gang Prevention Network

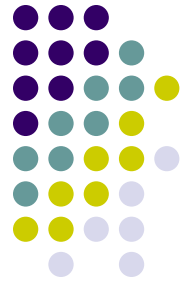


# DHS is a Voice for Prevention in the City of Oakland



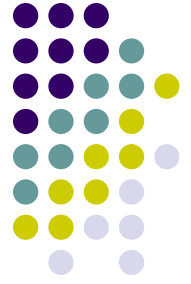
- The City of Oakland, Department of Human Services (DHS) is home to Head Start, Senior Services, Community Housing Services, Community Action Partnership, OFCY and Measure Y.
- DHS is a voice for prevention during City planning and program implementation.
- Prevention can mean many different things according to the context of the plan or program development.

# DHS: Prevention Specifically Related to Gang Violence



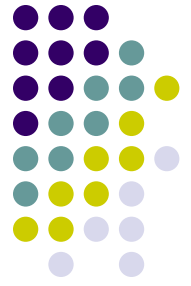
- The Oakland Gang Task Force officially adopted the Oakland Gang Prevention Plan in June, 2009.
- Prevention programs in the plan:
  - Parenting Education with Gang Awareness
  - Case Management for Gang Involved Youth
  - Trainings on working with gang involved youth for providers, educators and community members
  - Street Outreach
- Funded by Measure Y, OJJDP and Cal GRIP

# DHS: Violence Prevention Programs in Measure Y



- Measure Y provides funding for police, fire and violence prevention programs.
- Measure Y includes intervention and prevention programs.
- The following Measure Y programs are prevention based for children under the age of 18:
  - Mental Health for children 0-5 who witness domestic violence
  - School violence prevention curriculum and peer conflict resolution
  - Case management of high-risk middle school youth
  - Case management for youth in the Juvenile Justice system
  - Restorative Justice Circles for middle school youth
  - After school and summer jobs for high risk youth

# DHS: Prevention in the Oakland Fund for Children & Youth Strategic Plan



- Oakland Fund for Children and Youth (OFCY) is a 2.5% set aside of unrestricted City funds for children and youth grants.
- Strategic plan for OFCY for next three years includes following prevention components:
  - Early Childhood Development (0-5 Years)
  - Out of School Time Healthy Development and Academic Success (5-14 years)
  - Wellness and Healthy Transitions (11- 20 Years)



# OFCY Strategic Planning Document

STRATEGY DESCRIPTION	NEEDS ASSESSMENT DATA	EVALUATION OUTCOMES
<ul style="list-style-type: none"> <li>•Early Childhood Development 0-5 Years</li> </ul>		
<ul style="list-style-type: none"> <li>•<b>Mental health and developmental consultation for early care settings:</b> Comprehensive prevention and early intervention activities in early care and education settings.</li> <li>•<b>Family/child enrichment, learning and developmental opportunities:</b> Playgroup activities engage families in their child's learning, strengthen attachments, and build parenting peer supports in community settings.</li> </ul>	<ul style="list-style-type: none"> <li>▪At the earliest age of testing (2<sup>nd</sup> grade), OUSD students are 5% behind the state average in both reading and math.</li> <li>▪Of Alameda County children entering kindergarten, 11% are under prepared in 24 school-readiness skill areas; 17% are unprepared for academic work; and 22% of are socially and emotionally unprepared.</li> </ul>	<ul style="list-style-type: none"> <li><b>Children reach their developmental milestones:</b> <ul style="list-style-type: none"> <li>▪Increased parent/caretaker and child care provider skill set for positive behavior management</li> <li>▪Increased child ability to trust and bond</li> </ul> </li> <li><b>Children are ready to enter kindergarten:</b> <ul style="list-style-type: none"> <li>▪Increase in # of times a child is read to weekly.</li> <li>▪Parents access more resources for child's education and developmental milestones</li> </ul> </li> </ul>

# OFCY Strategic Planning Document

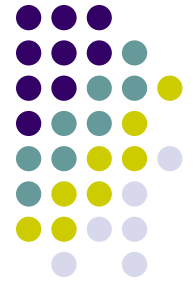


STRATEGY DESCRIPTION	NEEDS ASSESSMENT DATA	EVALUATION OUTCOMES
<p>•Out of School Time Healthy Development and Academic Success (5-14 years)</p>		
<p>•<b>After school programs</b> feature applied learning and skill building in education, arts, and leadership in schools, communities year round and during the summer months: Enrichment, project-based learning, and leadership activities that promote academic learning and resiliency in a school or community setting.</p> <p>•<b>Applied learning and improved opportunities for health:</b> Increase access to nutrition activities through school-based garden and fitness programs that promote healthy eating choices and active living with curricula that is aligned with the school day academic curriculum.</p> <p>•<b>Family engagement in out of school time linked with the school day:</b> Increase opportunities for family involvement and connection to a child’s educational, cultural and emotional life with family support activities that are linked between the after school hours and the school day.</p>	<ul style="list-style-type: none"> <li>- From 5<sup>th</sup> to 6<sup>th</sup> grade, the percent of students proficient in reading declines 13% in English and 21% in math.</li> <li>- 8% of OUSD elementary and 23% of middle school students truant in 2008-2009.</li> <li>- 35% of Alameda County 5th graders never or only sometimes feel safe out of school.</li> <li>- 67% of 7th graders score low to medium on feeling connected to school;</li> <li>- 68% of 7th graders score low to medium on having caring relationships in school.</li> <li>- 28% of children were overweight in Assembly District 16 in 2004.</li> </ul>	<ul style="list-style-type: none"> <li>• Children and youth have a stronger attachment to school:               <ul style="list-style-type: none"> <li>• Youth have a pro-social peer group</li> <li>• Youth “feel like part of the school day”</li> <li>• Youth in school-based programming have higher school attendance</li> <li>• Youth have more caring adults in school or in their community</li> <li>• Youth sustain or improve their academic performance</li> </ul> </li> <li>• Youth improve/sustain healthy eating and increased physical activity:               <ul style="list-style-type: none"> <li>• Increase in sports and active play during free time</li> <li>• Increase consumption of food and vegetables</li> </ul> </li> <li>• Families feel more connected to their child’s educational, cultural and emotional life:               <ul style="list-style-type: none"> <li>• Parents are more likely to engage in school-related events.</li> <li>• Parents are more knowledgeable about their child’s academic and social environment.</li> </ul> </li> </ul>

# OFCY Strategic Planning Document



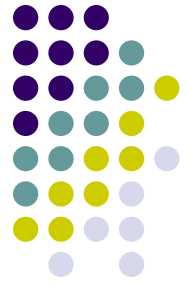
STRATEGY DESCRIPTION	NEEDS ASSESSMENT DATA	EVALUATION OUTCOMES
Wellness and Healthy Transitions (11- 20 Years)		
<p><b>Transition programming in school settings:</b> Programs that focus on youth at risk of disengaging from school during their transition to and from middle school (5<sup>th</sup> to 6<sup>th</sup> grade and 8<sup>th</sup> to 9<sup>th</sup> grade).</p> <p><b>Health and wellness education with emphasis on peer education and youth development:</b> Increase access to youth leadership programs that focus on young people's choices promoting physical health, safety, emotional health and promotion of positive school and community environment including programs integrated with school based health clinics.</p> <p><b>Conflict resolution skills:</b> Support the promotion of non-violence through peer leadership/ learning using conflict resolution programs that are embedded in the school culture.</p>	<ul style="list-style-type: none"> <li>▪ OUSD English scores drop further below the state averages in English and Math in 6th grade.</li> <li>▪ 9th graders are at highest risk of dropping out of high school. Truancy rates in high school for 2008-09 was 30%.</li> <li>▪ Rates of sexually transmitted disease among Alameda County high school youth are increasing since 2003</li> <li>▪ Rate of teen pregnancy is increasing since 2005.</li> <li>▪ 34% of 7th graders in Oakland report being harassed; 36% report being in a fight; 33% report being afraid of being beaten up.</li> </ul>	<p><b>Youth at risk of disengaging from school have increased attachment to school:</b></p> <ul style="list-style-type: none"> <li>▪ 6th grade and 9th grade youth feel more attached to the school day.</li> <li>▪ 6th and 9th graders have higher school day attendance.</li> </ul> <p><b>Youth learn to make choices that improve their physical, emotional, and social health:</b></p> <ul style="list-style-type: none"> <li>▪ Youth make positive choices that support their physical &amp; emotional health on a daily basis.</li> <li>▪ School is a safer, more welcoming environment.</li> </ul> <p><b>Youth decrease the number of physical fights using lasting resolutions:</b></p> <ul style="list-style-type: none"> <li>▪ Youth increase their communication skills</li> <li>▪ Youth increase their leadership skills</li> </ul>



# OFCY Strategic Planning Document

STRATEGY DESCRIPTION	NEEDS ASSESSMENT DATA	EVALUATION OUTCOMES
<p>Older Youth Transitions to a Healthy Adulthood 15-20 Years</p>		
<p><b>Support services for academic and career success:</b> Career preparedness and programs that reinforce academic success, graduation, college, work readiness and may include internships, paid employment, mentoring.</p> <p><b>Comprehensive supports and enrichment programs for youth transitioning to adulthood:</b> Increase access to neighborhood-based programs that support youth engagement in a variety of activities or specific supports for vulnerable youth such as English language learners, foster youth, and diverse communities of youth.</p>	<ul style="list-style-type: none"> <li>▪ In 2007, only 32% of OUSD graduates met requirements for UC/CSU.</li> <li>▪ 1/3 of OUSD students drop out of high school.</li> <li>▪ 20-25% of Bay Area youth have considered suicide, higher than national trends.</li> </ul>	<p><b>Stronger attachment to school:</b></p> <ul style="list-style-type: none"> <li>▪ Increased graduation rate</li> <li>▪ Increase career or school-related future planning.</li> </ul> <p><b>Youth make positive choices that support their future goals:</b></p> <ul style="list-style-type: none"> <li>▪ Vulnerable youth have caring adults in their lives that support positive life choices.</li> <li>▪ Youth feel more connected to institutions/resources that provide a pathway to success.</li> </ul>

# Prevention Plans for Oakland



- For the Oakland Gang Violence Prevention Plan and violence prevention programs, visit [www.measurey.org](http://www.measurey.org)
- For the OFCY Strategic Plan Process, visit [www.ofcy.org](http://www.ofcy.org)
- For the Alameda County Violence Prevention Blue Print, visit <http://www.co.alameda.ca.us/acvpb.htm>
- For Mayor Ron Dellums' Public Safety Task Force plan, visit <http://www.oaklandnet.com/TaskForceInfo>